

Last Thursday of every month, 1:30-3:00

Family Caregiver Support Group Meeting

**Recognizing that caring for others is not only
rewarding, but at times stressful.**

Does the task of taking care of a loved one have to bring on stress, lifestyle changes, or great financial problems? Or, can it be a rewarding time that brings a family closer together? This Caregiver Support Group will explore these questions and help you make the most of your care giving situation.

**For More information on the group, transportation, or respite
services contact:**

Aging & Disability Resource Center
Phone: 920-849-1451

Meeting Location: 206 Court St., Chilton, WI 53014
Enter on West Side of Courthouse & follow Caregiving Signs!

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