

## An ADRC Can Help You Find:

- Adaptive equipment
- Assisted living/nursing home options
- Employment programs
- Financial aid
- Health and wellness programs
- Housing options
- In-home personal care
- Nutrition programs
- Prescription drug coverage
- Respite care
- Support groups
- Transportation

**ADRCs** are the first place to go with your aging and disability questions. They are “information stations” where you can obtain accurate, unbiased information related to aging or living with a disability.

***Your one-stop shop for information and assistance!***

## For More Information

**Accommodations and after-hour appointments available upon request. Hearing loops available.**

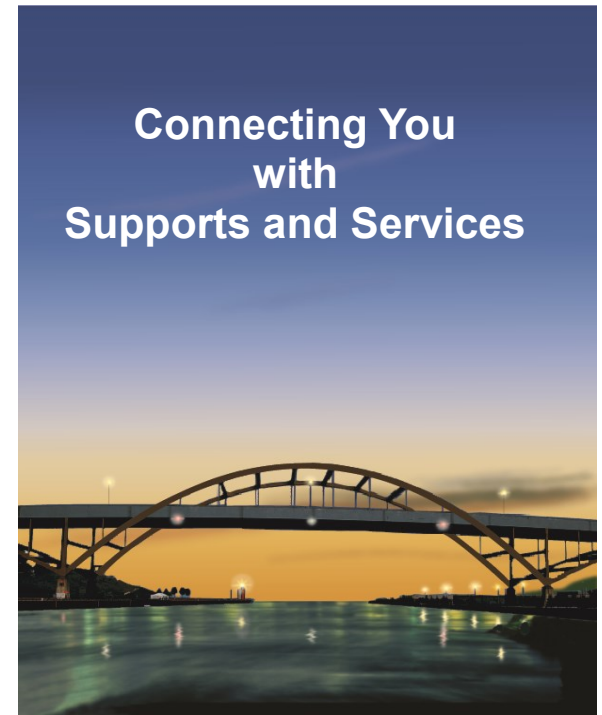


Wisconsin  
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Division of Public Health  
Office for Resource Center Development  
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**Connecting You  
with  
Supports and Services**



# What is an ADRC and what kind of services can I get?

## **Aging and Disability Resource Centers (ADRC)**

ADRCs offer the general public a single source for information and assistance on issues affecting older people and people with disabilities regardless of their income. ADRCs are welcoming and convenient



locations for you and your family to get information, advice, and

access to a wide variety of services.

## **Information and Assistance**

Information and assistance specialists provide you with knowledge about services, programs, and solutions for disability and long-term care issues such as living arrangements, health, adult protective services, employment and training for people with disabilities, home maintenance, nutrition, Social Security, and other publicly funded programs.

## **Long-Term Care Options Counseling**

Options counselors offer information about the choices that are available to meet your long-term care needs. An options counselor discusses factors to consider when making long-term care decisions.

## **Health and Wellness**

Today there are many ways that someone can stay healthy and avoid injury even if they are getting older or living with a disability. The ADRC can make connections for you that will support your health and safety goals.

## **Benefits Counseling**

Benefit specialists can provide accurate and current information about private and government benefits and programs that you may be entitled to receive. Benefit specialists can help cut the “red tape” when people run into problems with Medicare, Social Security, and other benefits.

## **Vital Connections**

If you or someone you know is at risk of abuse or neglect, or losing housing or heat, the ADRC is there to help connect you with someone who will respond to your urgent situation.

## **Help Paying for Long-Term Care**

ADRCs are the entryway to publicly funded long-term care programs. The ADRC will assess your level of need for services and assist with the financial eligibility process if you choose to enroll in a long-term care program. ADRC staff can provide information about all of the options available and help you select your best solution.

