

Aging and Disability Resource Center (ADRC) serving Calumet, Outagamie and  
Waupaca Counties  
Regional Advisory Committee Minutes  
November 12, 2015

Members Present: Luebke, Schreiner, Lemanski, Radtke, Redman, Schamens, Gabert, Lehrer, Renning

Members Excused: Gentz, Hopfensperger, Wolter

Staff Present: Elias Planner, Bjerke, Stratton , Kramer, Dewhurst, Kral

- 1) CALL TO ORDER: Luebke called the meeting to order at 2:00 p.m.
- 2) QUORUM: It was determined that a quorum was present and the meeting was properly announced.
- 3) ROLL CALL AND INTRODUCTIONS: Member and staff introduction.
- 4) APPROVAL OF AGENDA AND MINUTES: Motion by Lehrer and a second by Radtke to approve the agenda and September 10, 2015 minutes. Approval by all except Lemanski who abstained.
- 5) PUBLIC PARTICIPATION: None
- 6) COMMUNICATIONS: None
- 7) COMMITTEE MEMBER REPORTS: Renning reported on the Elder Tree which connects older people to other older people. Elder Tree is a collaboration between the Active Aging Research Center at the University of Wisconsin; the State of Wisconsin, the Wisconsin Institute for Health Aging and ADRC s in some counties. The link to get more information from the free website is: [www.eldertreewisconsin.com](http://www.eldertreewisconsin.com). Renning also reported on opportunities at the New London Senior Center for exercise classes. This includes Tai Chi, PI/Yo (Pilates and Yoga), Strong Women & others. A complete list of weekly activities available at the Washington Center may be found on the City of New London website under the Parks & Recreation Department, Senior Center Services. Lemanski reported on the Hope Clinic & Care Center for the uninsured and severely under-insured people in the Fox Valley and surrounding areas. It is located in the Appleton Alliance Church. The main number is 920-931-1107. The website address is: [www.hopeclinic.care](http://www.hopeclinic.care) Geri Wolter has requested that she be replaced as a Waupaca County Regional Advisory Committee Member. Luebke reported on a performance involving his son Daniel at the 1<sup>st</sup> English Lutheran Church on December 15, 2015. Wolter recommended a Public Broadcasting Station program by author Dr. Christiane Northrup, MD, on “Aging Backwards” and the importance of exercise and activity as we age.

8) REGIONAL ADRC ACTIVITY REPORT: Caregivers Conferences were held at the Brillion Community Center in Calumet County; the Waupaca Ale House and the Grand Meridian in Appleton. All were very successful and reported strong attendance. Contact Activity Reports were shared by the COW counties along with The ADRCConnection newsletters. Staff changes include the resignation of Casey Brown as the Waupaca County Community Living Specialist. Kramer along with Bjerke will be conducting interviews for a replacement. This position is contracted through Valley Packaging Inc. and is 100% funded by a federal Money Follows the Person grant. Interviews will be conducted in December for the Waupaca County ADRC Assistant position.

9) REGIONAL COORDINATOR REPORT: Kramer shared a written report. A Time Reporting training will be held on November 13, 2015 for all ADRC staff in the COW counties. 100% Time Reporting provides Federal Medicaid related program match which supports ADRC budgets in Wisconsin. Mosaic Family Health will provide training to staff on the REACH program-Resources for Enhancing Alzheimer's Caregiver Health, also on November 13<sup>th</sup>. All ADRC staff was trained on October 26, 2015 on the Client Tracking changes that will occur in 2016. Kramer updated all on the 2016 Contract changes which include: signage changes, county websites, staff leads, the telephone systems, business plan and changes to The Clinical Manager client tracking database.

10) ADRC REGIONAL BUDGET: Jeremy Kral, Calumet County HHS Director, provided the Annual Budget update for 2015 and the 2016 Budget. Funding for the ADRC comes from the ADRC grant; Federal Money Follows the Person grant; Medicaid Matching funds; other funding to include the Elder Benefit Specialists; GWAAR/Title III; BCA/County Tax Levy. The total budget for 2016 is \$3,511,307 for 2016.

11) AGING PLAN EXECUTIVE SUMMARIES: Elias Planner, Dewhurst and Bjerke provided written Executive Summaries of the 3-Year County Aging Plans as well as Local Priority Issues. Transportation was discussed as an ongoing issue as was affordable health care.

12) APPROVAL OF 2016 MEETING DATES: Meeting dates for 2016 were approved for the following: January 14, March 10, May 12, July 14, September 8, and November 10. Meeting will be held at Goodwill Industries in Menasha.

NEXT MEETING: January 14, 2016 2:00 p.m.  
Goodwill Industries, Obeya Room, Menasha, WI

MEETING ADJOURNED: Motion by Lehrer, second by Radtke. Motion carried unanimously.

Respectfully submitted by Kramer. These are unapproved minutes.