

Aging and Disability Resource Center (ADRC) serving Calumet, Outagamie and Waupaca
Counties
Regional Advisory Committee Minutes
March 12, 2015

Members Present: Gentz, Luebke, Schreiner, Redman, Lemanski, Schamens, Neumann, Lehrer, Renning

Members Excused: Radtke, Wolter

Members Absent: Hopfensperger

Staff Present: Elias Planner, Stratton, Dewhurst, Kramer, Krueger

- 1) CALL TO ORDER: Luebke called the meeting to order at 2:04 p.m.
- 2) QUORUM: It was determined that the meeting was properly announced and that a quorum was present.
- 3) ROLL CALL AND INTRODUCTIONS: Member and staff introduction and welcome.
- 4) APPROVAL OF AGENDA AND MINUTES: Motion by Lehrer and a second by Schreiner to approve the agenda and November 13, 2014 meeting minutes. Motion carried unanimously.
- 5) PUBLIC PARTICIPATION: Harriet Redman, presented on *WisconSibs/Fox Valley* formerly called the *Fox Valley Sibling Support Network*. The organization began in 1998 and serves siblings of people with disabilities and long-term illnesses in northeast Wisconsin and across the state. The organization serves young siblings, adult siblings and professionals. WisconSibs is located at 211 E. Franklin St. #C in Appleton. The website is: www.wisconSibs.org and the phone number is 920-968-1742. Harriet Redman shared information on the *Journey Forward Workshops* to clarify sibling roles and to assist siblings in developing a written plan. Redman shared “a blog created that is dedicated to sharing mother and sister experiences to someone with developmental disabilities from fun to frustrating,” titled, *Say Hello, Yellow!* www.sayhelloyellow.com sayhelloyellowblog@gmail.com helloyellowblog The blog received over a million hits regarding a posting regarding a positive experience at a local restaurant with a waiter and his consideration of an adult child and sibling with a disability.
- 6) COMMITTEE MEMBER REPORT: Luebke reported that there will be a session on the Governor’s 2015-2017 Budget proposal presented by Lincoln Burr at the New Hope Center, 443 Manhattan Street, Chilton, WI, on Wednesday, March 18, 2015 at 4:30 p.m. The phone number for the New Hope Center is 920-849-9351. There will also be a session with legislators Stuck & Roth on April 3, 2015 at 6 p.m. at “A Very Special Place”, formerly “Haven of Hope” at 1000 W. Main Street in Little Chute. This session

is primarily for families of individuals with disabilities. Luebke also reported that the “ARC of the Fox Cities” is now called “SOAR”.

- 7) PREVENTION: Krueger shared written reports on 2014 Evidence Based Prevention activities in Calumet, Outagamie and Waupaca counties. These activities included: *Strong Bones, Stepping On: Falls Prevention Workshops, Living Well with Chronic Diseases: Self-Management Workshop; Health Living with Diabetes; and Walk with Ease. CarFit: Helping Mature Drivers Find Their Fit* also took place in each county. The Med-Wise grant with local pharmacists ended in 2014 focusing on Falls Prevention. Krueger is currently working on the 2015 Med-Wise grant. Special permission was given by the University of Wisconsin School of Pharmacy to provide sessions in April and May to the Caregiver Network at the Kimberly Clark Corporation

- 8) REPORT FROM AGING AND DISABILITY RESOURCE CENTERS
 - A. Written contact activity reports were shared by the branch offices. Kramer shared the Encounter Report for 2014 for the regional ADRC.
 - B. Staffing: Charo McGhee was hired as the new ADRC Assistant, retired in December 2014. The position of ADRC Branch Manager for the Waupaca County office has been posted. Nicole Smith Angwenyi is the new Community Living/ Information and Assistance Specialist in Outagamie County. Heidi Russell was hired as the Information and Assistance Specialist position vacated by Carey Vanous who retired. Caregiver coalitions in Outagamie and Waupaca completed a SWOT analysis in December to set future goals for the coalition. The Calumet Area Aging Network and the caregiver coalitions are all planning caregiver events in 2015.
 - C. The ADRC Connection newsletters were shared. Kramer will send by e-mail the ADRC newsletter to Waupaca County Committee members.
 - D. Kramer shared a handout on the Percent of Population Age 60+ in Wisconsin from the Wisconsin Department of Administration, Demographic Services Center. In 2013, 21.9% of the population was over the age of 60. By 2025, 26.9 % of the population will be over 60 years of age.
 - E. Presentations on the ABC and D’s of Medicare were announced in Appleton for 2015. Four presentations will occur at the Appleton Police Department, 222 S. Walnut Street with 3 presentations at 5:00 p.m. and one presentation at 1:00 p.m. The dates are March 26th, May 18th (1:00 p.m.), July 23rd, and October 1st.

- 9) ITEMS FOR ACTION OR DISCUSSION
 - A. Able Act- Members received a handout with information on the ABLE ACT. The ABLE (Achieving a Better Life Experience) Act is aimed at easing financial strains faced by individuals with disabilities by making tax-free savings accounts available to cover qualified expenses.
 - B. A Center for Medicare & Medicaid update on Sheltered Workshops was distributed with the agenda.
 - C. The Governor’s Proposal for 2015-2017 specific to Assembly Bill 21 was shared with the committee specific to page 34 of the budget related to resource centers. Four public hearings have been announced by the Wisconsin State Legislature regarding the schedule

for the Joint Committee on Finance. There is a session on Wednesday, March 18, 2015 from 10:00 a.m. to 5:00 p.m. at Brillion High School, Calumet County.

NEXT MEETING: May 14, 2015, 2:00 p.m., Goodwill Industries, Obeya Room.

MEETING ADJOURNED: Motion by Lehrer, second by Gentz. Motion carried unanimously.

These are APPROVED MINUTES