



# Calumet Area Aging Network Meeting

January 30, 2019

8:00 – 9:30 am

Fox Valley Technical College  
1200 East Chestnut Street  
Chilton, WI 53014

- **Welcome and member introduction**
  
- **Presentation:** The Benefits of Meditation- Dr. Michael Hetzner
  
- **CAAN Sub-committee touch base**
  - Educational – 2020 topics
    - **January 30:** Dr. Hetzner, Meditation
    - **February 27:** J-Dog, Veterans Moving Service
    - **March 26:** Nancy Krueger, Mind Over Matter
    - **April 30:** Laurie Coulliard, Parkinson's Disease
    - **May 28:** Sharon Richardson Hospice
    - **June 25:** Melissa Giebel, Harbor House
    - **July 30:** Ginny Nyhius, Alzheimer's Association
    - **August 27:** Greg Brittnacher, Veterans Services
    - **September 24:** Michelle Jens, Benevolent Touch
    - **October 29:** OPEN
  - Neighborhood Memory Cafes- Glenny
  - Marketing/Public Relations –Trisha Zwiers
  - Caregiver Event 2020- Steering committee members needed

**Next meeting:** February 27, 2020

**Presentation:** J-dog, Veterans Moving Service